DATE OF THE FOOD DRIVE: ______________________________________________________________

HOSTED BY: __________________________________________________________________________

COLLECTION SITES: ____________________________________________________________________

**Suggested Items**
Non-perishable food in non-breakable containers please

**Protein, Meat and Fish**
peanut butter, tuna, canned ham, canned chicken, beans

**Fruits and Vegetables**
canned fruits and vegetables, 100% fruit juice, instant potatoes, fruit preserves, dried fruit

**Grains**
cereal, oatmeal, rice, whole grain crackers

**Complete Meals**
pasta and sauce, boxed meals, chunky soups, stew

**Baby Products**
powdered formula, baby food, diapers, wipes

OR

Make monetary donations directly to the Foodbank of Southeastern Virginia at www.foodbankonline.org

$1 PROVIDES 3 MEALS!

800 Tidewater Drive • Norfolk, VA 23504 • 757.627.6599
www.foodbankonline.org