



How does a firm compete in Legal Food Frenzy?

1. Register online
  - Register online: [www.Legalfoodfrenzy.com](http://www.Legalfoodfrenzy.com)
- OR**
2. Call Debbie Hansley at 757-201-6284 or email: [dhansley@foodbankonline.org](mailto:dhansley@foodbankonline.org)
3. During April 15 – 26, 2019
  - Collect Money. . . . . Every dollar = 4 pounds
  - Collect Food. . . . . Every pound = a pound
  - Volunteer . . . . . Earn bonus points

**Ways to help you WIN - Earn Bonus Points!**

Each firm that registers during the month of March will receive 100 bonus points for early registration towards the State award and Local competition.

Each firm that signs up to volunteer by April 26, 2019, will receive 500 bonus points towards the State award and 50 points for each firm employee who volunteers towards the Local competition. (Firms have until the end of June 2019 to volunteer.)

Each firm that recruits a firm that has not participated in Legal Food Frenzy 2018 will receive 1,000 bonus points towards the State award.

Each firm that sends a representative to attend the kick-off luncheon on April 4<sup>th</sup> will receive 50 bonus points towards the Local competition.

Send pictures that your firm took, wearing orange during the month of September 2018 - Hunger Action Month to [dhansley@foodbankonline.org](mailto:dhansley@foodbankonline.org). Your firm will earn 100 bonus points towards the State award and Local competition.

**Volunteer Choices**

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| Youth (ages 6-11) & Family Quality Assurance Volunteer Night at the Foodbank | 3 <sup>rd</sup> Monday, 2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays<br>5:30pm – 7:30pm |
| Volunteer Quality Assurance Night (at least 12 years old) at the Foodbank    | Mondays and Thursdays<br>5:30pm – 7:30pm   |
| Helping Hands Food Distribution (at least 16 year old)                       | Fridays<br>8:00am – 11:30am  |