Shopping List

Low Fat - Low Sodium - Low Sugar Products Preferred

Lean Canned Protein
- Peanut Butter
- Tuna
- Chicken
- Turkey
- Beans

Fruits & Vegetables
- Canned Fruits
- Canned Vegetables
- Pasta Sauce
- 100% Fruit Juice

Whole Grains
- Cereal
- Pasta
- Oatmeal
- Rice
- Crackers

Boxed Meals
- Soups
- Stews
- Boxed Meals
- Canned Pasta

Baby Products
- Formula
- Baby Food
- Diapers
- Wipes

Personal Hygiene
- Adult Diapers
- Shampoo
- Body Wash
- Deodorant
- Toothbrush / Toothpaste
- Feminine Hygiene Items
- Toilet Paper

Please remember:
- Non-perishable food
- Non-breakable containers
- Nutritional labels intact
- Check dates - product is good for 6 months past the Best By, Sell By or Use By Date

Scan the QR code to donate!