

Sandwich, English Muffin, WG, Egg & Cheese, IW (#6604)



Looking for a great way to start your day? Try our egg & cheese sandwich on a whole grain English muffin! It's not only delicious, but it comes individually wrapped in an oven-safe film so you can just heat and serve.

General Specifications

Pack: 96/3.25 oz
 Servings per Case: 96
 Kosher: No
 Shelf Life: 2 hours at ambient. 6 days refrigerated. 365 days frozen.
 Status: Available



Nutrition Facts	
Serving size 1 Sandwich (92g)	
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	9%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	21%
Sodium 480mg	20%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 2g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 190mg	15%
Iron 1.6mg	8%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SCHOOL SPECIFICATIONS

Nutritional Ratio: 28-9-2

Meat/Meat Alternate (ounce equivalents): 1

Grain (ounce equivalents): 2.0

Whole Grain: 16.79g, 51%

Enriched Flour: 16.14g

Combined Flour 32.93g

INGREDIENTS

English Muffin: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Thiamine Mononitrate, Niacin, Reduced Iron, Riboflavin, Folic Acid, Malted Barley Flour), Water, Yeast, Wheat Gluten, Contains 2% or less of: Sugar, Soybean Oil, Salt, Calcium Propionate, Fumaric Acid, Baking Soda, Calcium Sulfate, Ammonium Sulfate, Monocalcium Phosphate, Yellow Corn Meal, Potassium Sorbate. Egg: Whole Egg, Non Fat Milk, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Pepper. American Cheese: Cultured Skim Milk and Milk, Water, Sodium Citrate, Salt, Potassium Citrate, Annatto and Paprika (color), Cream, Enzymes, Sorbic Acid (preservative), Soy Lecithin (anti-sticking agent).



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ALLERGENS & DISCLOSURES

Contains egg, milk, soy, and wheat ingredients.
Contains bioengineered food ingredients.
This product is produced in a nut-free facility.

Instructions

PREPARATION

Preferred method:
Thaw under refrigeration overnight.

FROM THAWED: Heat product at 350 degrees F for 10-12 minutes.

FROM FROZEN: Heat product at 350 degrees F for 18-20 minutes.

Product is in ovenable film, it is not necessary to remove from film before heating.

Case Specifications

GTIN: 00737410660400

Dimensions: 19.625" x 15.812" x 8.562"

Cube: 1.54

Gross Weight: 21.24 lb

Per Pallet: 48

Tier x Height: 6 x 8

Inside Pack: 96 pieces per case

Bid Specification

Bake Crafters Sandwich, English Muffin, WG, Egg & Cheese, IW; must be whole grain rich and provide 2.0 ounce grain equivalents and 1.0 ounce of meat or meat alternate. Portion to provide at least 165.0 calories, with no more than 7 grams of fat. Must contain less than 530.0 milligrams of sodium.
Acceptable brand: Bake Crafters 6604.

