

Muffins, WG, Blueberry, IW (#2164)



Our whole grain blueberry muffin delivers a moist, flavorful, wonderful treat. Produced in a nut free facility.

General Specifications

Pack: 48/3.1 oz
 Kosher: KVH-D
 Shelf Life: 5 days at ambient. 365 days frozen.
 Status: Available



SCHOOL SPECIFICATIONS

Nutritional Ratio: 26-4-19

OZ Grain Equivalents: 2.0
 Whole Grain: 18.5g, 58%
 Enriched Flour: 13.6g
 Combined Flour 32.1g

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron, Thamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Blueberries, Soybean/Canola Oil, Invert Sugar, Egg Extender (Wheat Flour, Egg, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

KCF 00012

Nutrition Facts

Serving size 1 Muffin (88g)

Amount per serving
Calories 240

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 160mg	8%
Total Carbohydrate 41g	15%
Dietary Fiber 2g	7%
Sugars 17g	
Includes 16g Added Sugars	32%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Case Specifications

GTIN: 00737410216409

Dimensions: 19.688" x 13.313" x 5.75"

Cube: 0.87

Gross Weight: 10.55 lb

Per Pallet: 84

Tier x Height: 7 x 12

Bid Specification

Bake Crafters Muffins, WG, Blueberry, IW; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 215.0 calories, with no more than 8 grams of fat. Must contain less than 210.0 milligrams of sodium. Acceptable brand: Bake Crafters 2164.

