

Muffins, WG, Apple Cinnamon, IW (#2165)

Our whole grain Apple Cinnamon muffin delivers a moist, flavorful, wonderful treat and provide a 2 grain equivalent. Produced in a nut free facility.



General Specifications

Pack: 48/3.1 oz

Kosher: KVH-D

Shelf Life: 5 days at ambient. 365 days frozen.

Status: Available

SCHOOL SPECIFICATIONS

Nutritional Ratio: 25-4-22

OZ Grain Equivalents: 2.0

Whole Grain: 20g, 63%

Enriched Flour: 12g

Combined Flour 32g

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Sugar, Water, Filling (Apples, Sugar, Water, Modified Corn Starch, Cinnamon, Salt, Potassium Sorbate, Nutmeg), Egg, Soybean/Canola Oil, Rolled Oats, Invert Sugar, Egg Extender (Wheat Flour, Egg, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes) Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.



KCF00011

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Nutrition Facts	
Serving size	3.1 oz (88g)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 150mg	8%
Total Carbohydrate 43g	16%
Dietary Fiber 2g	7%
Sugars 19g	
Includes 18g Added Sugars	36%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	10%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Instructions

PREPARATION

Handling Instructions: Simply thaw desired amount from freezer for approximately two hours and serve. If directly from freezer, remove packaging and product can be placed in microwave for approximately 30 seconds on high power.

Remove all packaging from product before placing in any heating device.

Case Specifications

GTIN: 00737410216508

Dimensions: 19.688" x 13.313" x 5.75"

Cube: 0.87

Gross Weight: 10.55 lb

Per Pallet: 84

Tier x Height: 7 x 12

Bid Specification

Bake Crafters Muffins, WG, Apple Cinnamon, IW; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 225.0 calories, with no more than 8 grams of fat. Must contain less than 200.0 milligrams of sodium. Acceptable brand: Bake Crafters 2165.