## A C T I ७ N

Donate online before September 30th, and Navy Federal Credit Union will match all donations, dollar for dollar, up to \$5,000.	Join our Feed 365 program and become a sustaining donor, providing year-round support.	Share a fact about hunger in your community on social media.	Kick off the holiday giving season by starting an online fundraiser and sharing it with your network of supporters.	Enjoy a pint at one of the many participating Hops for Hunger breweries near you.	Learn more about the root causes of food insecurity and share your knowledge to help raise awareness in your community.
Learn about essential anti-hunger policies and how to contact your elected representatives.	Sign up to volunteer and encourage your friends and family to join you.	On Hunger Action Day, September 10th, 'turn orange' by wearing orange clothing and lighting up landmarks to raise awareness about the fight against hunger.	Save the date for the 26th Annual FM99 and 106.9 The Fox Mayflower Marathon.	Support our cause by purchasing a Foodbank t-shirt or a can of Single Origin Redskin Peanuts.	Register for a volunteer shift on the Eastern Shore.
Round up at the register at your local Kroger. 100% of funds raised are distributed to local food banks based on zip code.	Follow us on all social media platforms to stay informed and engaged in the fight against hunger.	Sign up for a Youth and Family volunteer shift to instill the value of giving back in younger generations.	Share your support for Foodbank staff, partners, and volunteers by sending a card and sharing your words of gratitude.	Schedule a tour of the Foodbank to see firsthand how your support makes a difference in our community's fight against hunger.	Join us for Smithfield Hunger Relief Night at Harbor Park on September 7th to support the Norfolk Tides, and don't forget to bring your food drive donations!
When grocery shopping, consider 'buying one, giving one' to help provide essential items to those in need.	Enjoy a meal at California Pizza Kitchen from Sept. 9th-12th, and be sure to tell your server that you are there to support the Foodbank.	Share our online directory with your social networks, a valuable resource for neighbors to locate food assistance in their area.	Organize a community food drive, and when complete, drop the items off at the Foodbank.	Tell us your story! Whether you're a recipient or a supporter, your experiences are vital in helping us inspire others to join our cause.	Display a customizable poster in a high-traffic area to help spread the word about Hunger Action Month.
Register for a volunteer shift in Western Tidewater.	Ask your employer if they will match donations made to the Foodbank.	Commit \$198 to sponsor a child for an entire school year through our BackPack Program.	RSVP to an upcoming Behind-the-Scenes Breakfast, which offers an exclusive glimpse into our operations and updates on what's to come.	Learn more about our programs and take the next step by registering for a volunteer shift to support our efforts in fighting hunger.	Take a pledge to continue supporting hunger relief efforts all year round.