



Feeding Friends

The Emergency Food Assistance Program (TEFAP) is a federal feeding program for low-income individuals and families of all ages who reside in Virginia. This program helps farmers and manufacturers across the country minimize food waste and utilize these foods to feed those in need.



Find out
if you
qualify!

Foods you may receive:

- Non-perishables including fruits, vegetables, beans, juice, pasta, or rice
- Frozen or canned meats
- Dairy products
- Fresh produce

When & Where?

Date(s): _____

Time(s): _____

Location: _____

For more information, contact the Foodbank's Federal Programs Manager, Moriah Jackson at mjackson@foodbankonline.org or 757-627-6599 ext. 6298

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1.mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

2.fax: (833)256-1665 or (202) 690 7442

or 3. email: program.intake@usda.gov

The program standards are applied without discrimination by race, color, national origin, age, sex or disability.